

## Assisted Living

### THE LODGE OF HOWARD LAKE



#### RATES EFFECTIVE JAN. 1, 2025

The Lodge of Howard Lake  
445 1st Street East  
Howard Lake, MN 55349  
(320) 543-1010  
good-sam.com

#### DEPOSITS/FEES:

|   |            |
|---|------------|
| Non-refundable Administrative Processing Fee (paid upon acceptance of application)..... | \$100.00   |
| Refundable Security Deposit .....   | \$1,000.00 |
| Apartment transfer fee.....   | \$150.00   |

#### MONTHLY FEES:

**\*\*\*For RESIDENTS that are declining services, just the Housing Fee and Base Services Fee will be assessed. The Healthcare Services Fee will not be assessed.\*\*\***

I hereby decline healthcare services \_\_\_\_\_  
(Resident Signature)

\_\_\_\_\_  
(Resident Signature)

| Unit Type                           | Square Feet | Housing Fee (non-optional) | Base Services Fee (non-optional) | Total Monthly Fee (non-optional) |
|-------------------------------------|-------------|----------------------------|----------------------------------|----------------------------------|
| 1 bed 1 bath                        | 450         | \$2,308.00                 | \$1,002.00                       | <b>\$3,310.00</b>                |
| Additional Person Base Services Fee |             | N/A                        | \$380.00                         | <b>\$380.00</b>                  |

**\*Additional fees for healthcare and other optional services listed below\***

**\*\*Additional meal charge for three meals per day\*\***

#### INCLUDED IN HOUSING FEE

- Private apartment with lockable door that can be personally furnished and decorated
- Spacious floor plans including kitchenette (includes refrigerator/freezer, microwave, and window coverings)
- Utilities (water, sewer, electric, gas, garbage, recycling) (telephone not included)
- Individually controlled heating and air conditioning
- General maintenance of the grounds, building, apartment and furnished appliances
- Parking area located in front of the building
- Interior individual mailboxes located near the entrance to the building

## ***Assisted Living***

- Controlled security access
- Access to amenities:
  - Fireside room
  - Wellness/community room
  - Computer with internet access
  - Sunroom/chapel
  - Private dining room/meeting space (by reservation)
  - Beauty/barber Shop (extra charge applies per beautician fees)
  - Private whirlpool tub
  - Community gardens
  - Outdoor patio area

### **INCLUDED IN BASE SERVICES FEE**

- 24-hour qualified staff coverage
- Basic cable television
- Wireless internet access
- Light housekeeping once per week
- Daily trash removal
- Laundry service, two loads one time per week
- Daily bed making
- One scheduled linen service and bedding change per week
- Tray service for temporary illness for up to 3 consecutive days
- Spiritual ministries, recreational, exercise, and well-being opportunities available  
and communicated by activity calendar
- Daily well-being checks
- Priority access to Good Samaritan Society Care Center for rehabilitation/therapy/long term care
- Mail service - incoming and outgoing

### **HEALTHCARE SERVICE LEVELS – ASSISTED LIVING**

#### **This assisted living community offers Healthcare Service Levels: 1 - 4**

The philosophy of Assisted Living is built on the foundation of promoting and maintaining a resident's highest level of independence and self-sufficiency. Every resident will be assessed by a licensed nurse and assigned a healthcare service level based on the total points of that assessment. While meeting some specific criteria from the identified levels will determine the resident's level of care, it is not essential that the resident meet every criterion listed to be placed into the determined level. Residents will be provided services within their healthcare level based on their assessed needs for those services. Residents will be notified when there is a change in the level of care.

## ***Assisted Living***

This assisted living community offers Healthcare Services Level 1 – 4. Level 5 services may be offered on a temporary basis or for as long as the location is able to safely accommodate the resident's health care needs. Should a resident be evaluated as needing healthcare services exceeding those provided, discharge to a facility providing a higher level of care will be arranged. The staffing level required for your care cannot compromise or require changes to the overall staffing level at the Community.

### **HEALTHCARE SERVICES LEVEL 1 .....\$615.00**

- 24/7 licensed nurse available to medication aides or resident assistants for questions and concerns
- **Registered nurse (RN) Level of Care Evaluation:** minimally upon admission, annually, and with changes in condition and/or as required per state regulations or Good Samaritan Society policy
- **Healthcare coordination:** managing physician orders, may include appointment scheduling
- **Vital signs/weight monitoring:** monthly
- **Personal emergency response** pendant and wall-mounted emergency alert in bathrooms

### **HEALTHCARE SERVICES LEVEL 2 .....\$1,230.00**

- **Healthcare Services Level 1 +**
- **Medications:** assistance with medication passes 1-3 times daily (does not include staff tracking/management of controlled medications and monitoring/management of anticoagulant therapy)
- **Vital signs/weight monitoring:** monthly or may include more
- **Nutrition:** set up assistance with meals (opening cartons, cutting meat)
- **Bathing/showering:** set up and cueing assistance by staff (no hands on assistance)
- **Dressing/undressing:** assistance with selection and laying out of clothes (set up) and/or assistance with adaptive devices
- **Toileting:** verbal reminders to use the bathroom (no hands on assistance)
- **Cognition:** redirection and cueing (less than weekly) related to cognitive impairment
- **Safety/risk:** additional fall risk interventions

### **HEALTHCARE SERVICES LEVEL 3 .....\$1,660.00**

- **Healthcare Services Level 1 +**

## ***Assisted Living***

- **Medications:** assistance with medication passes 4-6 times daily (includes staff tracking/management of controlled medications and monitoring/management of anticoagulant therapy)
- **Vital signs/weight monitoring:** monthly or may include more
- **Health condition monitoring and treatments:** diabetes management with assistance with and/or monitoring of blood sugar checks and/or insulin injections 1-2 times daily
- **Nutrition:** set up assistance with meals (opening cartons, cutting meat)
- **Bathing/showering:** limited bathing/showering assistance (up to 2x's weekly)
- **Grooming:** assistance with grooming (washing face, brushing teeth, brushing hair, applying makeup and/or shaving)
- **Dressing/undressing:** cueing/limited hands on assistance with buttons, snaps, zippers, laces, includes assistance with application/removal of TED stockings/hose
- **Toileting:** occasional incontinence assistance (less than daily)
- **Mobility/transferring:** escorting to and from meals and activities
- **Cognition/behavior:** recurring redirection and cueing (less than daily) related to cognitive impairment and/or reassurance in response to fear, anxiety and/or paranoia
- **Safety/risk:** additional fall risk interventions

### **HEALTHCARE SERVICES LEVEL 4 ..... \$2,150.00**

- **Healthcare Services Level 1 +**
- **Medications:** assistance with medication passes 4-6 times daily (includes staff tracking/management of controlled medications and monitoring/management of anticoagulant therapy)
- **Vital signs/weight monitoring:** monthly or may include more
- **Health condition monitoring and treatments:** diabetes management with assistance with and/or monitoring of blood sugar checks and/or insulin injections 3 or more times daily; includes management and monitoring of nebulizer treatments, oxygen, BIPAP/CPAP and ostomy/catheter care (no additional ancillary charges for these in Levels 4 & 5)
- **Nutrition:** set up assistance with meals (opening cartons, cutting meat)
- **Bathing/showering:** hands on assistance of one staff person (up to 2x's weekly)
- **Grooming:** assistance with grooming (washing face, brushing teeth, brushing hair, applying makeup and/or shaving)
- **Dressing/undressing:** hands on assistance with AM and/or PM dressing; resident able to perform some tasks independently, includes assistance with application/removal of TED stockings/hose
- **Toileting:** incontinence assistance at least once daily; includes catheter/ostomy care by nurse

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- **Mobility/transferring:** occasional one-person hands-on physical assistance
- **Cognition/behavior:** daily assistance with reorientation and redirection in response to cognitive impairment and/or reassurance in response to fear, anxiety and/or paranoia
- **Safety/risk:** required or requested checks every 4-7 hours; additional fall risk interventions

### **HEALTHCARE SERVICES LEVEL 5 ..... \$3,070.00**

- **Healthcare Services Level 1 +**
- **Medications:** assistance with medication passes 4-6 times daily (includes staff tracking/management of controlled medications and monitoring/management of anticoagulant therapy)
- **Vital signs/weight monitoring:** monthly or may include more
- **Health condition monitoring and treatments:** diabetes management with assistance with and/or monitoring of blood sugar checks and/or insulin injections 3 or more times daily; includes management and monitoring of nebulizers treatments, oxygen, BIPAP/CPAP and ostomy/catheter care (no additional ancillary charges for these in Levels 4 & 5)
- **Nutrition:** set up assistance with meals (opening cartons, cutting meat)
- **Bathing/showering:** hands on assistance of one staff person (up to 3x's weekly)
- **Grooming:** assistance with grooming (washing face, brushing teeth, brushing hair, applying makeup and/or shaving)
- **Dressing/undressing:** total hands on assist with AM, PM and PRN dressing tasks, includes assistance with application/removal of TED stockings/hose
- **Toileting:** total incontinence management, includes assisting with catheter/ostomy cares and bag emptying at least daily (if applicable and varies by location)
- **Cognition/behavior:** ongoing staff monitoring, redirection and management for inappropriate behaviors, verbally or physically aggressive/intrusive/ combative behaviors and/or frequently refuses to accept cares)
- **Safety/risk:** required or requested checks every 1-3 hours; additional fall risk interventions
- **Laundry:** up to three scheduled loads of personal laundry and two linen changes weekly

The following provides a listing of the assisted living community's ancillary services and associated charges. The a la carte services listed in the **Additional Healthcare Services** section are intended to augment the healthcare service levels to allow for the greatest amount of service provision

## ***Assisted Living***

without unduly placing any resident in a healthcare services level higher than minimally required.

### **ANCILLARY SERVICE CHARGES**

#### **Additional Home Management**

|   |                |
|---|----------------|
| Laundry services (per additional load) .....  | \$20.00        |
| Housekeeping services   |                |
| Additional light housekeeping services (per 15 min) .....   | \$20.00        |
| Deep cleaning services (i.e. carpets, windows) (per 15 min) .....   | \$20.00        |
| Professional cleaning services .....  | (actual cost)  |
| Additional general maintenance service (per 15 min) .....   | \$20.00        |
| Repairs, upgrades, alterations .....  | (actual cost)  |
| Resident meal plans   |                |
| 3 meals per day (monthly) .....   | \$610.00       |
| Noon meal plus 1 additional meal (monthly) .....  | \$450.00       |
| Meal – Resident tray service (per delivery) (if due to illness, complimentary up to three consecutive days) ..... | \$5.00         |
| Replacing lost mailbox or apartment key .....   | \$30.00        |
| Personal Emergency Response pendant replacement (each) .....  | \$220.00       |
| Salon services .....  | (rates posted) |
| Meal - Guest (adult) .....  | \$12.00        |
| Meal - Guest (child age 8 and under) .....  | \$6.00         |
| Meal - Guest holiday/special meal .....   | \$15.00        |
| Copies or faxes (per page, per side) .....  | \$0.25         |
| Postage .....   | (actual cost)  |

#### **Additional Healthcare Services:**

|  |                     |
|--|---------------------|
| Bath/shower with physical assistance: all assisted baths/showers if Levels 1 & 2; > 2 baths/showers/week if Levels 3 or 4; > 3 bath/showers/week if Level 5 (per 30 min; each) ..... | \$38.00             |
| Bath - whirlpool (beyond bathing/showering offered in healthcare service level or per community protocol) (per 30 min; each) .....   | \$50.00             |
| Grooming assistance (per month, included in Levels 3 – 5) .....  | \$330.00            |
| Hospice/comfort care coordination/services (per month) .....   | \$500.00            |
| Infection control, special precautions (per month) .....   | \$120.00            |
| Injections, nurse assisted, does not include insulin (each) .....  | \$33.00             |
| Medications, Warfarin/Coumadin monitoring/management (per month; included in Levels 3 – 5) .....   | \$260.00            |
| Medications, controlled substance tracking/management (per month; included in Levels 3 - 5) .....  | \$260.00            |
| Medication passes exceeding 6/day (per month) .....  | \$218.00            |
| Medication pill box set up (per month, Level 1 only; included in Levels 2-5) .....   | \$242.00            |
| Nursing supplies and equipment .....   | (established rates) |

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|   |          |
|---|----------|
| Personal services by nurse (per 15 min) .....   | \$33.00  |
| Personal services by non-licensed staff, may include escorting (per 15 min)                   | \$20.00  |
| Pharmacy, use of non-preferred* (per month) .....   | \$180.00 |
| Pharmacy, use of mail order for some or all medications* (per month) ....                     | \$180.00 |
| Specimen collection i.e. blood draws, urine, stool samples (each) .....                       | \$38.00  |
| Treatments:   |          |
| Assistance with air humidifier maintenance (per month) .....                                  | \$65.00  |
| Assistance with catheter care (per month, included<br>in Levels 4 & 5) .....                  | \$360.00 |
| Assistance with CPAP/BIPAP (per month, included in Levels 4 & 5)                              | \$360.00 |
| Assistance with nebulizer treatments (per month, included<br>in Levels 4 & 5) .....           | \$700.00 |
| Assistance with ostomy care (per month, included in Levels 4 & 5).                            | \$360.00 |
| Assistance with oxygen therapy (per month, included<br>in Levels 4 & 5) .....                 | \$360.00 |
| Assistance with compression/TED stockings/hose (per month, included<br>in Levels 3 – 5) ..... | \$360.00 |

*\*Excludes residents who receive medications directly from the Veterans Administration.*

### **EXTENDED MEDICAL LEAVE ABSENCE:**

Temporary Conditions: Home care fee temporarily discontinued after the 4th consecutive days of absences not to exceed 30 days.\*\* For more information on qualifying for Temporary /Permanent Condition, see RESIDENT Handbook for detailed specifics, or talk with Housing Manager or RN\*\*

### **RATES ARE SUBJECT TO CHANGE WITH PROPER WRITTEN NOTICE**



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